



Contest Information / Sanctioned by the NPC

Information : Primerano Fitness – (716-)205-8893 - primeranofitness@yahoo.com - www.wnybodybuilding.com

Entry Fee/ Deadline - **\$80.00 first category, \$50.00 each additional category.** Competitors may cross over in Men's Bodybuilding and Physique and Women's Figure and Bikini. Due by Friday, July 19th, 2019. Late entries will have a \$40.00 processing fee applied. **Money Orders Payable to : Primerano Fitness.** NON-REFUNDABLE. Personal Checks will not be accepted.

Please mail Contest Entry Form with Money Order to : Ron Primerano – 6734 Gregory Court North Tonawanda NY 14120.

Eligibility : Open to all NPC registered athletes. Please pre register at least 4 weeks in advance at npcnews.com. NPC cards will be available at the contest. (Cash Only) Bodybuilding, Physique, Figure and Bikini competitors are a National Qualifier.

Date, Time, Location : July 27th, 2019 Pre Judging at 11:00am, Finals at 6:00 pm at Buffalo River Works – 359 Ganson Street, Buffalo NY 14203 (all Competitors must report at 5:30 pm)

Check in : Friday, July 26th, 2019 –4:00 pm to 7:00 pm at Primerano Fitness –1647 Military Road, Niagara Falls NY 14304. All competitors must report for weigh in and or height verification as well as NPC membership.

Trainer Passes : Available at pre registration Friday, \$100.00 per pass, no exceptions

Services : Spray tans will be done at registration Friday night from 4:00 pm to 8:00pm \$120.00 unlimited coats, please call or email to reserve a time slot. Hair and makeup will be available by appointment only Saturday morning.

Music : Bodybuilding and Women's Physique must bring 60 seconds of music ready to start at the beginning. If music is not appropriate for all ages, contestant will be disqualified.

Guidelines : All contestants must display good sportsmanship at all times, all contestants will be presented to the audience at the finals. By signing the Entry Form all contestants are financially responsible for any and all damages to property if any occur.

WEIGHT CLASSES: Bodybuilding: Open Men: Bantam: Under 143 ¼lbs. • Light: Over 143 ¼ lbs. up to and including 154 ¼lbs. • Middle: Over 154 ¼lbs. up to and including 176 ¼lbs. • Light Heavy: Over 176 ¼lbs. up to and including 198 ¼lbs. • Heavy: Over 198 ¼lbs. up to and including 225 ¼lbs • Super Heavy: Over 225 ¼lbs • Novice: 3 classes - Under 165 ¼lbs. • Over 165 ¼lbs. up to and including 187 ¼lbs. • Over 187 ¼ lbs. • Men's Masters: Over 40 • Over 50 • Over 60 • Over 70 • Teens: Light: Under 176 ¼lbs. • Heavy: Over 176 ¼ lbs. • Women: 1 class **Physique:** Men: Up to and including 5'7" • Over 5'7" up to and including 5'10" • Over 5'10" • Over 40 • Women: Up to and including 5'6" • Over 5'6" **Women's Figure:** Up to and including 5'2" • Over 5'2" up to and including 5'4" • Over 5'4" up to and including 5'6" • Over 5'6" •Over 35 • Over 45

Women's Bikini: Up to and including 5'4" • Over 5'4" and up to and including 5'6" • Over 5'6" • Over 35



July 27th, 2019

**Location: Buffalo River Works
359 Ganson Street
Buffalo, NY 14203**

**Schedule: Competitor Meeting – 10:30 am
Prejudging – 11:00 am
Finals – 6:00 pm**

Mail Entry Form to – Ron Primerano 6734 Gregory Court –North Tonawanda, NY 14120

OFFICIAL ENTRY FORM | SANCTIONED BY THE NPC

Name _____ Email _____ Phone _____
 Address _____ City _____ State _____ Zip _____
 Height _____ Weight _____ Age _____ NPC# _____

**Competitor Check in : Primerano Fitness 1647 Military Road, Niagara Falls NY 14304
 Friday, July 26th,2019 from 4:00 to 7:00 pm *all competitors must report for
 Height / Weight verification**

**Entry Fee: first category \$80.00 ,each additional category \$50.00 Due by July 19,2019
 \$40.00 late fee for entries received after due date.**

Trainer/Back Stage Pass \$100.00 (email head shot and name on pass)

MEN'S BODYBUILDING

- OPEN (6 weight classes)
- NOVICE (weight classes TBD)
- TEEN (ages 13-19)
- JUNIOR 23 & UNDER
- MASTERS 35 & OVER
- MASTERS 40 & OVER
- MASTERS 50 & OVER

CLASSIC PHYSIQUE

- OPEN (1-3 height classes)
- NOVICE (height classes TBD)
- TEEN (ages 13-19)
- JUNIOR 23 & UNDER
- MASTERS 35 & OVER
- MASTERS 40 & OVER

MEN'S PHYSIQUE

- OPEN (2-4 height classes)
- NOVICE (height classes TBD)
- TEEN (ages 13-19)
- JUNIOR 23 & UNDER
- MASTERS 35 & OVER
- MASTERS 40 & OVER

BIKINI

- OPEN (2-4 height classes)
- NOVICE (height classes TBD)
- MASTERS 35 & OVER

FIGURE

- OPEN (2-4 height classes)
- NOVICE (height classes TBD)
- MASTERS 35 & OVER

WOMEN'S PHYSIQUE

- OPEN (1-2 height classes)
- MASTERS 35 & OVER

WOMEN'S BODYBUILDING

- 1 Class, 5 places